

Client Name:	Date of Birth:	_ MR#:
<u>I</u>	Demographic Sheet	
Gender: □ Male □ Female Age:	Social Security #:	
Address:	City: Z	ip Code:
Home Phone#:	Can we leave a message on your ho	ome phone? □ Yes □ No
Cell Phone #:	Can we leave a message on your co	ell phone? □ Yes □ No
Email Address:		
Occupation:		
Work Phone #:	Can we leave a message on your wor	k phone? ☐ Yes ☐ No
Marital Status:		
Spouse's Name:		
Age: Date of Birth:	Employer:	
Occupation:	Cell Phone #:	
Work phone #:		
PRIMARY INSURANCE INFORMATIO	<u>N:</u>	
Insurance Company:	ID/ Member #:	
Group #:	Policy/ Plan #:	
Name of Insured:	Insured's SSN:	
Insured's DOB		
SECONDARY INSURACE INFORMATI		
Insurance Company:	ID/ Member #:	
Group #:	Policy/ Plan #:	
Name of Insured:	Insured's SSN:	
Insured's DOB		
EMERGENCY CONTACT		
Name of Emergency Contact:		
Relationship to Client:	Emergency Contact Phone:	



Client Name:	Date of Birth	:	MR#:
Parent Information (IF PATIEN	Γ IS A MINOR)	□ N/A- Patient is not	a minor.
Father's Name:		Home Phone	
Address:	City:		Zip:
Date of Birth:	Social Security #: _		
Employer:		Work Phone:	
Mother's Name:		Home Phone:	
Address:	City:		Zip:
Date of Birth:	Social Security #: _		
Employer:		Work Phone:	
I was referred by:			
Relationship to you:			
*****Be sure to provide the	e Receptionist with your insu	rance card(s) and a pic	cture ID.*******
Client/ Parent Signature:		D	ate:
Staff Printed Name:			
Staff Signature:			Date:



Client Name:	Date of Birth: MR#:
	ASSIGNMENTS OF BENEFITS
	RELEASE OF LIABILITY & MEDICAL INFORMATION
]	I hereby authorize and request that insurance benefit payments by my insurance company

(Name of your insurance company)

be made directly to Winchester Community Mental Health Center ("Facility") for services provided to me or my dependent by the facility. I understand that my insurance company may only cover a portion of the total bill and that I may be responsible for all charges not covered by this assignment.

In addition, I authorize Winchester Community Mental Health Center, Inc. to disclose any and all written information to my above-named insurance company and/ or its designated representatives, at the determination of the facility. Such disclosure shall be for reimbursement purposes for those services provided by the facility.

I hereby release the facility, its officers, agents, employees and any clinician associated with my treatment, from all liability that may arise as a result of discloser of information to the above-named insurance company or their designated representatives.

By signing this assignment of benefits and release of information I acknowledge:

- 1. I am aware and understand that this authorization will not be used unless the above-named insurance company or their designated representatives request records of information for reimbursement purposes.
- I agree to participate and assist the facility or its designated representatives with any appeal process necessary
 to collect payment for services rendered. I hereby appoint the facility as my appointed representatives in any
 insurance provider or fiscal intermediary case reconsideration and/or appeal procedure to act on my behalf.
- 3. I am aware and have been advised of the provisions of Federal and State Statutes, rules and regulations that provide for my right to confidentiality of these records.
- 4. I understand that this assignment and authorization is subject to revocation at any time except to the extent that action has been taken in reliance thereof. In any event, this authorization will expire once reimbursement for services rendered is complete.
- 5. I understand that the ultimate financial responsibility is mine and verification of insurance is **not** a guarantee of payment
 - Billing may be done by a firm contracted by the facility for billing and collection purposes.
 - Should an overpayment take place, a refund check will be mailed to the authorized party that is due the overpayment.
 - The facility shall be entitled to the full amount of its charges without offset.

I acknowledge receipt of a completed and signed copy of this assignment and release form.

Client Signature	Legal Guardian	
Staff Printed Name & Signature	Date of Signature(s)	



Client Name:		1	Date of Birth:	MR#:	
<u>Appo</u>	intment Res	sponsibility Co	ntract (Private I	nsurance/Medi	<u>care)</u>
Date:					
I,(Please print of	minor, pri	nt the parent/guardian	, understand ont is a o's name) s, keeping and for be		
•	understand the I will call We and/or resched I understand provide a 48-I understand	the office may conhe responsibility for CMHC at least 48 edule my appointments appointment of the charged at th	ntact me for a reminor keeping my appoint hours before my schaent if I cannot keep ints will be considered fee of \$40.00 for each pay for this fee and	ntment is ultimated heduled appointment it. ed a "No-Show" if ach appointment I	y mine. nt to cancel I do not "No-Show".
•	excessively r I will be disc rescheduled	rescheduled or can charged if I "No-Sl or cancelled appoi	f I "No-Show" one of the celled appointments now" two (2) appointments. If I receive the services at WCM	atments or have exc a discharge letter,	cessively
Signature of C	lient Jame & Signatu	Date re Date	Signature of	Parent/ Advocate	Date



Chefft Name. Date of Difff. Wik#.	Client Name:	Date of Birth:	MR#:
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LIMITS OF CONFIDENTIALITY (VIRGINIA)

Federal and State of Virginia Laws and Regulations protect the confidentiality of client records maintained by this facility. Generally, the facility may not say that a client attends the facility or disclose any information identifying a client unless:

- 1. **Risk of self-harm**: During your session, if you present a threat level, words, or behavior that convince your therapist that you are likely to harm yourself, either deliberately or because you are unable to keep yourself safe, your therapist must do whatever he or she can to prevent you from being harmed
- 2. **Risk of harm to others**: During your session, if you present a threat level toward another person, words, or behavior that convince your therapist that you are likely to harm another person, your therapist must try to protect that person. He or she would report your threat to the police, warn the threatened person, and try to prevent you from carrying out your threat. Federal and State of Virginia Laws and Regulations do not protect any information about a crime committed or intent to commit a crime by a patient either to themselves or others.
- 3. If your therapist obtains information leading him/her to **believe or suspect abuse** of a child, senior citizen, or disabled person, the therapist must report this to a state agency. To "abuse" means to neglect, hurt, or sexually molest another person. The therapist cannot investigate and decide whether abuse is taking place if the suspicion is there, the therapist must report it. Federal and State of Virginia Laws and Regulations do not protect any information about suspected abuse and neglect from being reported.
- 4. **Children and adolescents**: It is the policy of this agency, when a therapist treats children and adolescents, to ask their parents or guardians to agree that most details of what their children or adolescents tell the therapist will be treated as confidential. However, parents or guardians do have the right to general information about how therapy is going. The therapist may also have to tell parents/guardians about information if their children or others are in any danger.
- 5. **Couples**: If one member of a couple tells a therapist something the other member does not know, and not knowing this could harm him or her, the therapist cannot promise to keep it confidential from the other person. If this occurs, the therapist will discuss it with you before doing anything else.
- 6. **In group therapy**: The other members of the group are not therapists. They are not bound by the ethical rules and laws governing therapists. To avoid problems in this area, it is this agency's policy to ask all members of therapy groups to agree to protect one another's confidentiality, and to remove from the group any member who does violate another member's confidentiality. Still, this agency cannot be responsible for such disclosures by other clients, and it may be better for you to discuss information you feel must be legally protected in an individual session with your therapist than in a therapy group session.
- 7. This agency will not record therapy sessions on audiotape or videotape without your written permission.
- 8. If a judge court orders your therapist to provide information about your history or your treatment, the therapist must do so as required by federal laws and/or regulations.
- 9. This disclosure is made to medical personnel in a medical emergency.
- 10. Your therapy and/or medication management clinician may consult with other Winchester Community Mental Health, Inc. therapy and/or medication management clinicians and/or supervisors to provide the best possible care. These consultations are for professional and training purposes only.

Violation of Federal and State of Virginia Laws and Regulations by a facility is a crime. Suspected violations may be reported to appropriate authorities in accordance with Federal and State of Virginia regulations.

understand it as written.				
Signature of Client	Date	Signature of Parent/Advocate	Date	
Staff Printed Name		Staff Signature	Date	

Client Statement: I have read this information pertaining to the confidentiality of client records and

Client Name:	Date of Birth:	MR#:

NOTIFICATION OF CLIENT RIGHTS (VIRGINIA)

- 1. Receive services in an environment that is free of all forms of abuse, including, but not limited to, (a) financial abuse, (b) physical abuse and punishment, (c) sexual abuse and exploitation, (d) psychological abuse including humiliation, neglect, retaliation, threats, and exploitation, and (e) all forms of seclusion and restraint.
- 2. Be fully informed about the course of your care and decisions that may affect your treatment.
- 3. Revoke your consent for treatment at any time.
- 4. Timely and accurate information to assist you in making sound decisions about your treatment
- 5. The right to be informed how to access self-help services, legal entities for appropriate representation, and advocacy support services.
- 6. Be fully involved as an active participant in decisions pertaining to your treatment.
- 7. The right to freedom from unnecessary or excessive medication.
- 8. Have an individual identified in writing that will direct and coordinate your treatment.
- 9. The right to be informed of and refuse any unusual or hazardous treatment procedures.
- 10. The right to agency adherence to research guidelines and ethics, if applicable.
- 11. Have information about your treatment and your confidentiality protected to the greatest extent allowed by federal and state confidentiality laws and regulations.
- 12. The right to have the opportunity to consult with independent treatment specialists or legal counsel, at one's own expense.
- 13. File a grievance or complaint about the services you receive without fear of retaliation or reprisal of any sort.
- 14. Have family members, friends or others involved in your treatment with your consent and approval.
- 15. Receive services that comply with all applicable federal and state laws, rules and regulations.
- 16. File a grievance with an outside third party if you feel that the organization has not satisfactorily addressed any concerns you have or, does not adequately address any formal grievance you submit.



		remain remain definer, in	
Client	t Name:	Date of Birth:	MR#:
	NOTIFICATION	OF CLIENT RIGHTS (VIE	RGINIA)
17.	The right not to be discriminated color, creed, sex, national origin, disability, or inability to pay.		
18.	To request a transfer to another payour needs and preferences.	rogram if you believe you are no	t receiving care that is meeting
19.	You may also have additional rig	hts afforded to you based on fede	eral, state, and local regulations.
	Your service coordinator will a	dvise you of any additional rig	hts that you may have.
	Please speak with the Clinical Director Community Mental health you with		
		: Mary Zirkle, MS, LPC (540) 53 Complaint: 1-800-955-1819	35-1112
	are not satisfied with our solution	n or continue to have problems	or concerns, please call your
Local	Human Rights Advocate. Human Rights Adv	vocate: Cassie Purtlebaugh (804)	382-3889
All cli	ients have the right to a complain	t resolution, hearing, and appe	al procedure.
I also u	understand the following regardin	ng Winchester Community Men	ntal Health Center, Inc:
•	All clients will be expected to car A fee will be charged upon reque confirmed prior to completion. All clients are expected to be on t No firearms, pellet guns, air rifles	st for completion of outside paperime to their appointments.	erwork; payment must be
	any kind by any action of explosi		
Winch	hester Community Mental Health C declin	enter, Inc. is a private place of bone or terminate services if necess	•
The	e Human Rights have been explair E	ned to me and a copy of the Hu Booklet has been offered to me.	man rights and Regulations

Date

Date

Date

Signature of Parent/Advocate

Staff Signature

Signature of Client

Staff Printed Name



Privacy Notice

Notice of Privacy Practices-Effective September 18, 2014 *Replaces August 23, 2013 Privacy Notice*

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully. If you have any questions about this notice, please contact the Clinical Director or our Privacy Officer at the telephone numbers and addresses listed at the end of this notice.

WHAT IS MY PROTECTED HEALTH INFORMATION (PHI)?

Anything from the past, present, or future about your mental or physical health condition that is spoken, written, or electronically recorded, and is created by or given to anyone providing care to you, such as, a health plan, a public health authority, your employers, your insurance company, your school or university, or anyone who processes health information about you.

OUR OBLIGATIONS:

- Maintain the privacy of protected health information;
- Keep medical records that identify private information about you;
- Give you this notice of our legal duties and privacy practices with respect to medical information about you;
- Follow the terms of the notice currently in effect.

HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION:

The following describes the ways we may use and disclose health information that identifies you ("Health Information"). Except for the purposes described below, we will use and disclose Health Information only with your written permission. You may revoke such permission at any time by writing to our Privacy Officer.

For Treatment- We may use and disclose Health Information for your treatment and to provide you with treatment-related health care services. For example, we may disclose Health Information to doctors, nurses, technicians, or other personnel, including people outside our office, who are involved in your medical care and need the information to provide you with medical care.

For Payment- We may use and disclose Health Information so that we or others may bill and receive payment from you, an insurance company or a third party for the treatment and services you received. For example, we may give your health plan information about you so that they will pay for your treatment.



For Health Care Operations- We may use and disclose Health Information for health care operation purposes. These uses and disclosures are necessary to make sure that all our patients receive quality care and to operate and manage our office. We may share information with other entities that have a relationship with you (for example, your health plan) for their health care operation activities.

Appointment Reminders, Treatment Alternatives and Health Related Benefits and Services. We may use and disclose Health Information to contact you to remind you that you have an appointment with us. We also may use and disclose Health Information to tell you about treatment alternatives or health-related benefits and services that may be of interest to you.

Individuals Involved in Your Care or Payment for Your Care- When appropriate, we may share Health Information with a person who is involved in your medical care or payment for your care, such as your family or a close friend. We also may notify your family about your location or general condition or disclose such information to an entity assisting in a disaster relief effort.

Research- Under certain circumstances, we may use and disclose Health Information for research. For example, a research project may involve comparing the health of patients who receive one treatment to those who received another, for the same condition. Before we use or disclose Health Information for research, the project will go through a special approval process. Even without special approval, we may permit researchers to look at records to help identify patients who may be included in their research project or for other similar purposes, as long as they do not remove or take a copy of any Health Information.

SPECIAL SITUATIONS:

As Required by Law- We will disclose Health Information when required to do so by international, federal, state, or local law.

To Avert a Serious Threat to Health or Safety- We may use and disclose Health Information when necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person. Disclosures, however, will be made only to someone who may be able to help prevent the threat.

Business Associates- We may disclose Health Information to our business associates that perform functions on our behalf or provide us with services if the information is necessary for such functions or services. For example, we may use another company to perform billing services on our behalf. All our business associates are obligated to protect the privacy of your information and are not allowed to use or disclose any information other than as specified in our contract.



Organ and Tissue Donation- If you are an organ donor, we may use or release Health Information to organizations that handle organ procurement or other entities engaged in procurement, banking or transportation or organs, eyes, or tissues to facilitate organ, eye or tissue donation and transplantation.

Military and Veterans- If you are a member of the armed forces, we may release Health Information as required by military command authorities. We also may release Health Information to the appropriate foreign military authority if you are a member of a foreign military.

Worker's Compensation- We may release Health Information for worker's compensation or similar programs. These programs provide benefits for work-related injuries or illness.

Public Health Risks- We may disclose Health Information for public health activities. These activities generally include disclosures to prevent or control disease, injury or disability; report births and deaths; report child abuse or neglect; report reaction to medications or problems with products; notify people of recalls of products they may be using; a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition; and the appropriate government authority if we believe a patient has been the victim of abuse, neglect or domestic violence. We will only make this disclosure if you agree or when required or authorized by law.

Health Oversight Activities- We may disclose Health Information to a health oversight agency for activities authorized by law. These oversight activities include, for example, audits, investigations, inspections, and licensure. These activities are necessary for the government to monitor the health care system, government programs, and compliance with civil rights laws.

Data Breach Notification Purposes- We may use or disclose your Protected Health Information to provide legally required notices of unauthorized access to or disclosure of your health information.

Lawsuits and Disputes- If you are involved in a lawsuit or a dispute, we may disclose Health Information in response to a court or administrative order. We also may disclose Health Information in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only if efforts have been made to tell you about the request of to obtain an order protecting the information requested.

Law Enforcement- We may release Health Information if asked by a law enforcement official if the information is: (1) in response to a court order, subpoena, warrant, summons or similar process; (2) limited information to identify or locate a suspect, fugitive, material witness, or missing person; (3) about the victim of a crime even if, under certain very limited circumstances, we are unable to obtain the person's agreement; (4) about a death we believe may be the result of criminal conduct; (5) about criminal conduct on our premises; and (6) in an emergency to report a crime, the location of the crime or victims, or the identify, description or location of the person who committed the crime.



Coroners, Medical Examiners and Funeral Directors- We may release Health Information to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We also may release Health Information to funeral directors as necessary for their duties.

National Security and Intelligence Activities- We may release Health Information to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law.

Protective Services for the President and Others- We may disclose Health Information to authorized federal officials, so they may provide protection to the President, other authorized persons, or foreign heads of state or to conduct special investigations.

Inmates or Individuals in Custody- If you are an inmate of a correctional institution or under the custody of a law enforcement official, we may release Health Information to the correctional institution or law enforcement official. This release would be necessary: (1) for the institution to provide you with health care; (2) to protect your health and safety of the health and safety of others; or (3) the safety and security of the correctional institution.

USES AND DISCLOSURES THAT REQUIRE US TO GIVE YOU AN OPPORTUNITY TO OBJECT AND OPT:

Individuals Involved in Your Care or Payment for Your Care- Unless you object, we may disclose to a member of your family, a relative, a close friend or any other person you identify, your Protected Health Information that directly relates to that person's involvement in your health care. If you are unable to agree or object to such a disclosure, we may disclose such information as necessary if we determine that it is in your best interest based on our professional judgment.

Disaster Relief- We may disclose your Protected Health Information to disaster relief organizations that seek your Protected Health Information to coordinate your care or notify family and friends of your location or condition in a disaster. We will provide you with an opportunity to agree or object to such a disclosure whenever we practically can do so.

YOUR WRITTEN AUTHORIZATION IS REQUIRED FOR OTHER USES AND DISCLOSURES:

The following uses and disclosures of your Protected Health Information will be made only with your written authorization:

1. Uses and disclosures of Protected Health Information for marketing purposes; and



2. Disclosures that constitute a sale of your Protected Health Information

Other uses and disclosures of Protected Health Information not covered by this Notice or the laws that apply to us will be made only with your written authorization. If you do not give us authorization, you may revoke it at any time by submitting a written revocation to our Privacy Officer and we will no longer disclose Protected Health Information under the authorization. But disclosures that we made in reliance on your authorization before you revoked it will not be affected by this revocation.

CAN I REVOKE MY CONSENT?

Yes, you can revoke your consent. You must do this in writing and bring it to us so that we can stop using and disclosing your Protected Health Information. We are permitted to use and disclose your Protected Health Information based on your consent until we receive your revocation in writing. However, if you revoke your consent, we reserve the right to refuse to provide further treatment to you, on the basis of your refusal to allow us to share your information for purposes of treatment, payment, and healthcare operations.

Clinical Director: Mary Zirkle, MS, LPC-S

Privacy Officer: Stacie Cain

Address: 36 Ricketts Drive, Winchester, VA 22601

Phone: (540) 535-1112



Winchester Community Mental Health Center Acknowledgement of Receipt of HIPAA Notice of Privacy Practices

ACKNOWLEDGEMENT OF RECEIPT OF HIPAA NOTICE OF PRIVACY PRACTICES ("Acknowledgement")

Client Name (Please P	rint):			
Client Date of Birth: _			MR#:	
I acknowledge that	I have received a copy of	f WCMHC's HII	PAA Notice of Pr	ivacy Practices
Client Signature			D	ate
OR				
Parent/Legal Guardia	n/Personal Representativ	e Name (Please P	rint)	
Signature of Parent/L	egal Guardian/Personal R	epresentative		ate
Authority of Personal	Representative to Sign f	or Client (check	one):	
☐ Parent ☐ Gua	ardian	Attorney 🗆 (Other:	

Please Note: It is your right to refuse to sign this Acknowledgment.



Client Name:]	Date of Birth:	MR#:
VERBAL	COMMUNICA	ATION/CONSENT RE	<u>LEASE</u>
I, a patient of Winchester Comm communication by members of r	•	2 0	
Name & Relationship to Patient: Current Address: Current Telephone #(s)			
Name & Relationship to Patient: Current Address: Current Telephone #(s)			
Name & Relationship to Patient: Current Address: Current Telephone #(s)			
Name & Relationship to Patient: Current Address: Current Telephone #(s)			
LIMITATION: Verbal communiauthorization does not authorize is valid for the term of my treatmedays post discharge; unless revo Community Mental Health Center arise as a result of information process.	dissemination of tent at Wincheste ked by me in wr or and all member	any portion of my medical range of my medical range of the community Mental Health iting, prior to that date. I have of my treatment team from	record. This authorization h Center, plus ninety (90) ereby release Winchester
Signature of Client	Date	Signature of Pare	ent/Advocate Date
Staff Printed Name		Staff Signature	Date



Client Name:			Date of Birth:	MR#:			
	OUTPAT	TIENT AFTER HOURS EME	RGENCY POLICY A	ND PROCEDURE			
	security gre	condition deteriorates after program ater than what the Outpatient provide the nearest hospital.					
1.	PROCEDURE: Should psychiatric emergency arise after program hours, the client and/or family member and/or significant other may contact the program at (540) 409-0638 at which time the answering service will immediately contact the Program Director. Should life endangering behavior be present, the answering service will immediately notify the caller to contact emergency services 911 or go to the nearest hospital and may initiate this call if necessary.						
2.	The Program	n Director, once notified, will then	contact:				
	 The client's family member and/or significant other to gather further information on the client's current status and to take professionally indicated actions. 						
b. In case of life-threatening behaviors, immediate contact with emergency service will be initiated to protect the life and safety of the client and/or others.							
	CLIENT/GUARDIAN STATEMENT: I have read and fully understand and agree to all conditions to this After Hour Emergency Policy and Procedures.						
	Signature of	Client Date	Signature of Parent/A	dvocate Date			

Date

Staff Printed Name & Signature



Client Name:	Date of Birth:	MR#:
	Orientation Checklist	
The following information has been of the item and the signatures below understood by the person served.	en provided as part of the persor w indicate that each area has be	n served orientation. A check een fully explained and is
Rights and grievance and a	ppeal procedures	
Services provided, days and	d hours of operation, expected le	evel of participation
Access to emergency service	ces, after hours	
Code of ethics/conduct		
Confidentiality policy, limi	ts of confidentiality	
Methods, opportunities, and	d policy on input	
Explanation of financial ob	ligations, fees, and financial arra	angements
Fire, safety, infection contr	ol, and emergency procedures	
Policy on restraint		
Policy on tobacco products		
Policy on illicit or licit drug	gs brought into the program	
Policy on weapons brought	into the program	
Identification of the person	responsible for service coordinate	ation
Program rules, including re	striction and the loss of regainir	ng of rights
Purpose and process of bio	psychosocial assessment	
Individual plan developme	nt	
Discharge/transition criteria	a and procedures	
Human Rights and how to	report	
Procedure for reporting clie	ent abuse, neglect and/or exploit	ation
Client Signature:		Date:
Guardian or Parent/Advocate Sign	nature:	Date:
Staff Signature and Name:		Date:



Client Name:	Date of Birth:	MR#:	

Coordination of Care Form

CLIENT'S SERVICES AT WCMHC.	THIS TIME. THIS IS A NOTIFICATION OF
READ THIS FIRST: This form is to be completed if you wish to authorize your be regarding your behavioral health condition with your primar may be directly involved in making decisions regarding you until the (a) date you specify; (b) one (1) year from date sign	ry care provider or other behavioral health providers who is health care. This authorization will remain in effect
☐ I hereby refuse to exchange information with my health providers. (If client refuses, have client sign a	• • •
Primary Care Physician or Group Practice Name:	(*please indicate if none at this time)
Phone Number:	
Client Information WCMHC Provider:	First date of service:
Location of WCMHC Services: (Please select one): □ 36 Ricketts Drive Winchester, VA 22601 Phone: (□ 105 Stony Pointe Way Strasburg, VA 22657 Phone □ 123 Hovatter Drive Inwood, WV 25428 Phone: (3	ne: (540) 465-9606
The Client is Receiving: ☐ Group Therapy Services ☐ Substance Abuse Treatment ☐ Family Therapy ☐ Individual Therapy ☐ Partial Hospitalizat ☐ Intensive Outpatient Therapy ☐ Relevant information:	✓ ☐ Mental Health Skill- tion Program Building services
 Complete your acknowledgement that you understa You have the right to review the information that is You do not have to complete this authorization and The information used or disclosed by this authorization longer protected by federal privacy laws. It is your responsibility to notify your Behavioral Ferimary Care Physician. You have a right to revoke this authorization at any 	s being used or disclosed. I your refusal will not affect your benefits. ation may be at risk for re-disclosure by the recipient and Healthcare Provider if you choose to change your
Signature of Client, Parent, Guardian, or Authorized F	Representative Date
Authorized Staff Signature and Printed Name	 Date



Client Name:	Date of Birth:	 MR#:	

Tele-Therapy and Tele-Medication Limits of Confidentiality

What is Teletherapy or Telehealth/Tele-Medication?

Teletherapy, Telehealth/Tele-Medication, involves the use of electronic communications to enable physicians and other healthcare professionals, including mental healthcare professionals, to improve the access to quality and appropriate care. Teletherapy includes the practice of health-care delivery, evaluation diagnosis, consultation, treatment, transfer of medical data, and education using interactive audio, video, or data communications. Treatment Providers may include, but are not limited to, psychiatrists, psychologists, nurses, counselors, clinical social workers, and marriage and family therapists.

Teletherapy services are also available for face-to-face clients on an as needed basis if deemed to be necessary and appropriate for treatment. At this time teletherapy services are only being offered via videoconferencing and the telephone.

Risks and Benefits

In addition to the risks and benefits outlined in the Informed Consent, Teletherapy has its own unique risks and benefits. Benefits include improved access to care for clients who are homebound, lack reliable transportation, or do not have providers near them. Teletherapy can be beneficial for those who are more comfortable communicating online rather than face to face. Teletherapy often offers more flexibility with scheduling. Risks include but aren't limited to unexpected technological failures during sessions; increased risks to privacy which creates an additional burden on the client to ensure that sessions are private and undisrupted; hacking. An important risk to consider is the lack of nonverbal communication (body signals) that are readily available to both therapist and client in face-to-face sessions. Without this information, teletherapy may be slower to progress or be less effective altogether.

Client Records

All records are kept in written, hard copy form and stored at Winchester Community Mental Health Center located in Winchester, VA or Inwood, WV. All records are stored for seven (7) years. Clients and Parents/Legal Guardians of Minor Clients have the right to request a copy of the record or a brief summary. All records request must be submitted in writing and are subject to a fee.

Verification of Client Identity

At the initial session the client will be required to provide proof of identity.

Technological Failures

Should a video or telephone session experience a disruption/technological failure the therapist will re-establish the connection (place a new video or telephone call) unless other arrangements between client and therapist are agreed upon. If videoconferencing is temporarily unavailable the session will resume via telephone (in accordance with the client's consent for communication form.) If after 15 minutes connection can't be re-established, or the session resumed on the phone then the session will be rescheduled. If the technological failure occurs on the therapist's end the client will not be charged for the appointment; if the failure occurs on the client's end, they are still subject to the full session fee (pro-rated session rates not available).

Emergencies

Emergency procedures laid out in the Informed Consent form apply. Given that therapy is not being conducted face to face, I do require all teletherapy clients have an emergency contact on file (additional release will be provided).



Client Name:	 Date of Birth:	<u> </u>	MR#:	

Tele-Therapy and Tele-Medication Limits of Confidentiality

Best Practices

To create an environment that is as close to a face-to-face experience as possible the following guidelines are strongly recommended:

A. Ensure that your location is private and secure. Try to conduct your session in a room that allows you to separate yourself from distractions and any non-participants in the home who might overhear. Make arrangements for childcare if possible.

- B. If the session is being conducted through video chat:
 - a. Make sure there is enough lighting. Dark and solid colored clothing works best and lowers risk of interference with video image. Avoid large pieces of jewelry that reflect light. Take off hats and sunglasses that limit the view of your face.
 - b. Only use a Wi-Fi network that is secure via password protection, no public Wi-Fi
 - c. Position yourself and camera so that you are visible from at least the waist up. If there are multiple participants make sure everyone is in view.

I understand that teletherapy services and care may not be as complete as face-to-face services. I also understand that if my therapist believes I would be better served by another form of psychotherapeutic and/or medication management services (e.g. face-to-face services) I will be referred for face-to-face sessions.

I understand that there are potential risks and benefits associated with any form of medication management and/or psychotherapy, and that despite my efforts and the efforts of my medical provider and/or therapist, my condition may not improve, and in some cases may even get worse.

I understand that in the event of an adverse reaction to the treatment, or in the event of an inability to communicate as a result of a technological or equipment failure, I shall seek follow-up care or assistance at the recommendation of my medical provider and/or therapist.

I understand that the laws that protect privacy and the confidentiality of medical information also apply to teletherapy.

I understand that the information disclosed by me during my treatment is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality as outlined in the main informed consent form.

I also understand that the dissemination of any personally identifiable images or information from the teletherapy interaction to researchers or other entities shall not occur without my consent.

I understand that I have the right to withhold or withdraw my consent to the use of teletherapy and/or Tele-Medication during my care at any time, without affecting my right to future care or treatment.

Signature of Client	Date	Signature of Parent/Advocate	Date
Staff Printed Name		Staff Signature	Date